



# January 2026

## La Estancia, Honduras

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Sunrise: 6:16 AM Sunset: 5:30 PM Daylight: 11 hours and 14 minutes.	2 Sunrise: 6:16 AM Sunset: 5:31 PM Daylight: 11 hours and 14 minutes.	3 Sunrise: 6:17 AM Sunset: 5:31 PM Daylight: 11 hours and 14 minutes.
4 Sunrise: 6:17 AM Sunset: 5:32 PM Daylight: 11 hours and 14 minutes.	5 Sunrise: 6:17 AM Sunset: 5:32 PM Daylight: 11 hours and 15 minutes.	6 Sunrise: 6:18 AM Sunset: 5:33 PM Daylight: 11 hours and 15 minutes.	7 Sunrise: 6:18 AM Sunset: 5:34 PM Daylight: 11 hours and 15 minutes.	8 Sunrise: 6:18 AM Sunset: 5:34 PM Daylight: 11 hours and 16 minutes.	9 Sunrise: 6:18 AM Sunset: 5:35 PM Daylight: 11 hours and 16 minutes.	10 Sunrise: 6:19 AM Sunset: 5:35 PM Daylight: 11 hours and 16 minutes.
11 Sunrise: 6:19 AM Sunset: 5:36 PM Daylight: 11 hours and 17 minutes.	12 Sunrise: 6:19 AM Sunset: 5:37 PM Daylight: 11 hours and 17 minutes.	13 Sunrise: 6:19 AM Sunset: 5:37 PM Daylight: 11 hours and 18 minutes.	14 Sunrise: 6:19 AM Sunset: 5:38 PM Daylight: 11 hours and 18 minutes.	15 Sunrise: 6:19 AM Sunset: 5:38 PM Daylight: 11 hours and 18 minutes.	16 Sunrise: 6:20 AM Sunset: 5:39 PM Daylight: 11 hours and 19 minutes.	17 Sunrise: 6:20 AM Sunset: 5:40 PM Daylight: 11 hours and 19 minutes.
18 Sunrise: 6:20 AM Sunset: 5:40 PM Daylight: 11 hours and 20 minutes.	19 Sunrise: 6:20 AM Sunset: 5:41 PM Daylight: 11 hours and 20 minutes.	20 Sunrise: 6:20 AM Sunset: 5:41 PM Daylight: 11 hours and 21 minutes.	21 Sunrise: 6:20 AM Sunset: 5:42 PM Daylight: 11 hours and 21 minutes.	22 Sunrise: 6:20 AM Sunset: 5:42 PM Daylight: 11 hours and 22 minutes.	23 Sunrise: 6:20 AM Sunset: 5:43 PM Daylight: 11 hours and 22 minutes.	24 Sunrise: 6:20 AM Sunset: 5:43 PM Daylight: 11 hours and 23 minutes.
25 Sunrise: 6:20 AM Sunset: 5:44 PM Daylight: 11 hours and 24 minutes.	26 Sunrise: 6:20 AM Sunset: 5:44 PM Daylight: 11 hours and 24 minutes.	27 Sunrise: 6:20 AM Sunset: 5:45 PM Daylight: 11 hours and 25 minutes.	28 Sunrise: 6:20 AM Sunset: 5:46 PM Daylight: 11 hours and 25 minutes.	29 Sunrise: 6:19 AM Sunset: 5:46 PM Daylight: 11 hours and 26 minutes.	30 Sunrise: 6:19 AM Sunset: 5:47 PM Daylight: 11 hours and 27 minutes.	31 Sunrise: 6:19 AM Sunset: 5:47 PM Daylight: 11 hours and 27 minutes.